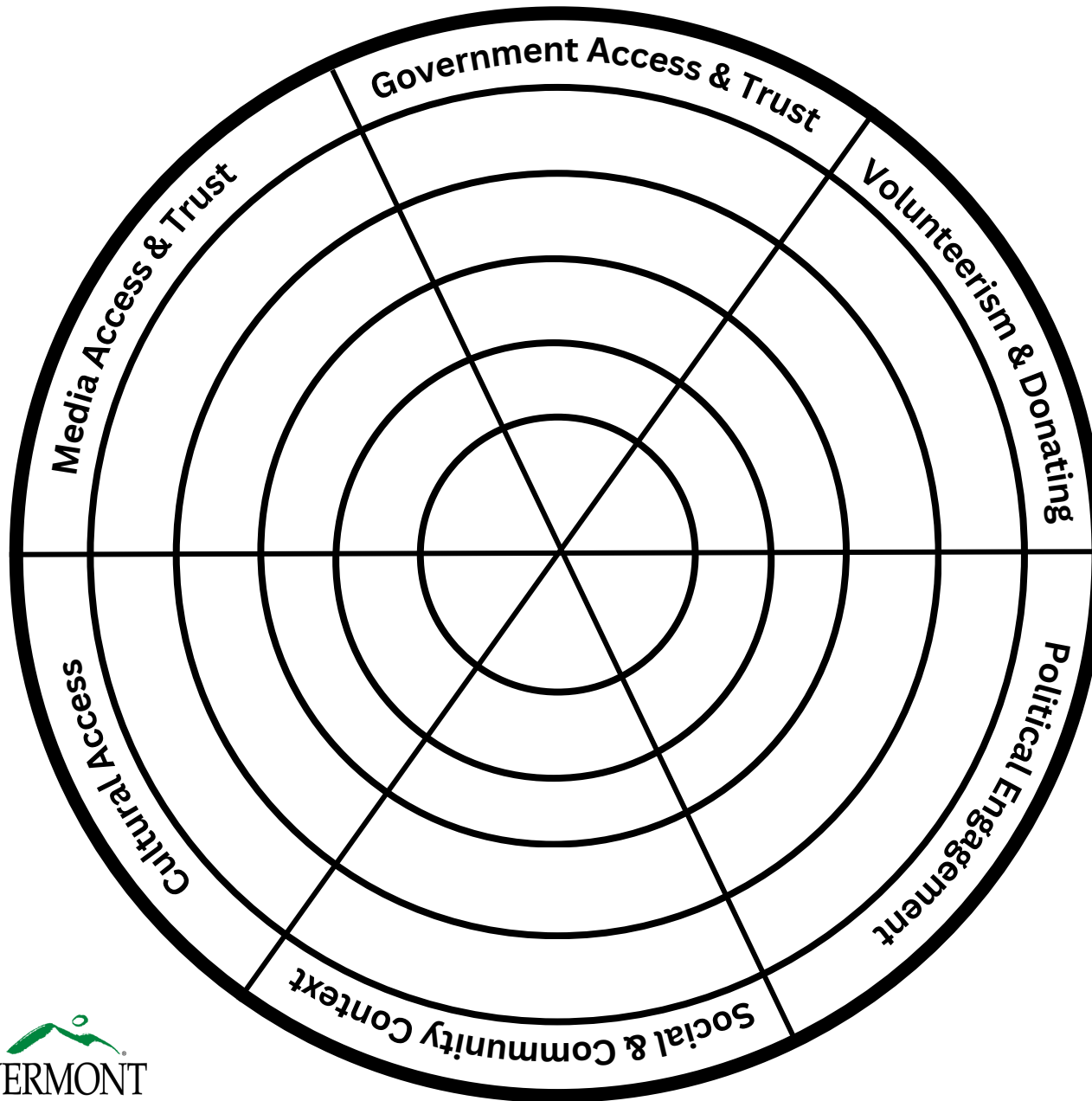


# MY CIVIC HEALTH INDEX



My Biggest Strength:

The Domain I Want To Improve:

One Step I Can Take This Week:

What support do I need to reach my goal?

# MY CIVIC HEALTH INDEX

*Read the questions below and rank yourself from 1-5 on each of the six domains of Civic Health:*

**1- Never**

**2 - Rarely**

**3- Sometimes**

**4 - Most of the Time**

**5 - Always**

☐

## **Volunteerism & Donating:**

- How often do you volunteer your time?
- Do you feel motivated to give back to your community?
- Do you believe your community service efforts make a difference?

☐

## **Political Engagement:**

- Do you feel confident in your ability to research a political issue and how it impacts your life?
- Do you feel prepared to have respectful conversations about political issues with your friends and family?

☐

## **Community & Social Context:**

- Do you feel a sense of belonging in your community?
- Do you make an effort to welcome new students in your school?
- How often do you engage with people from different backgrounds or experiences?

☐

## **Cultural Access:**

- Do you participate in any creative activities through school or on your own?
- How often do you participate in cultural experiences such as exploring new music, attending performances, or reading a book not required for school?

☐

## **Media Trust & Access**

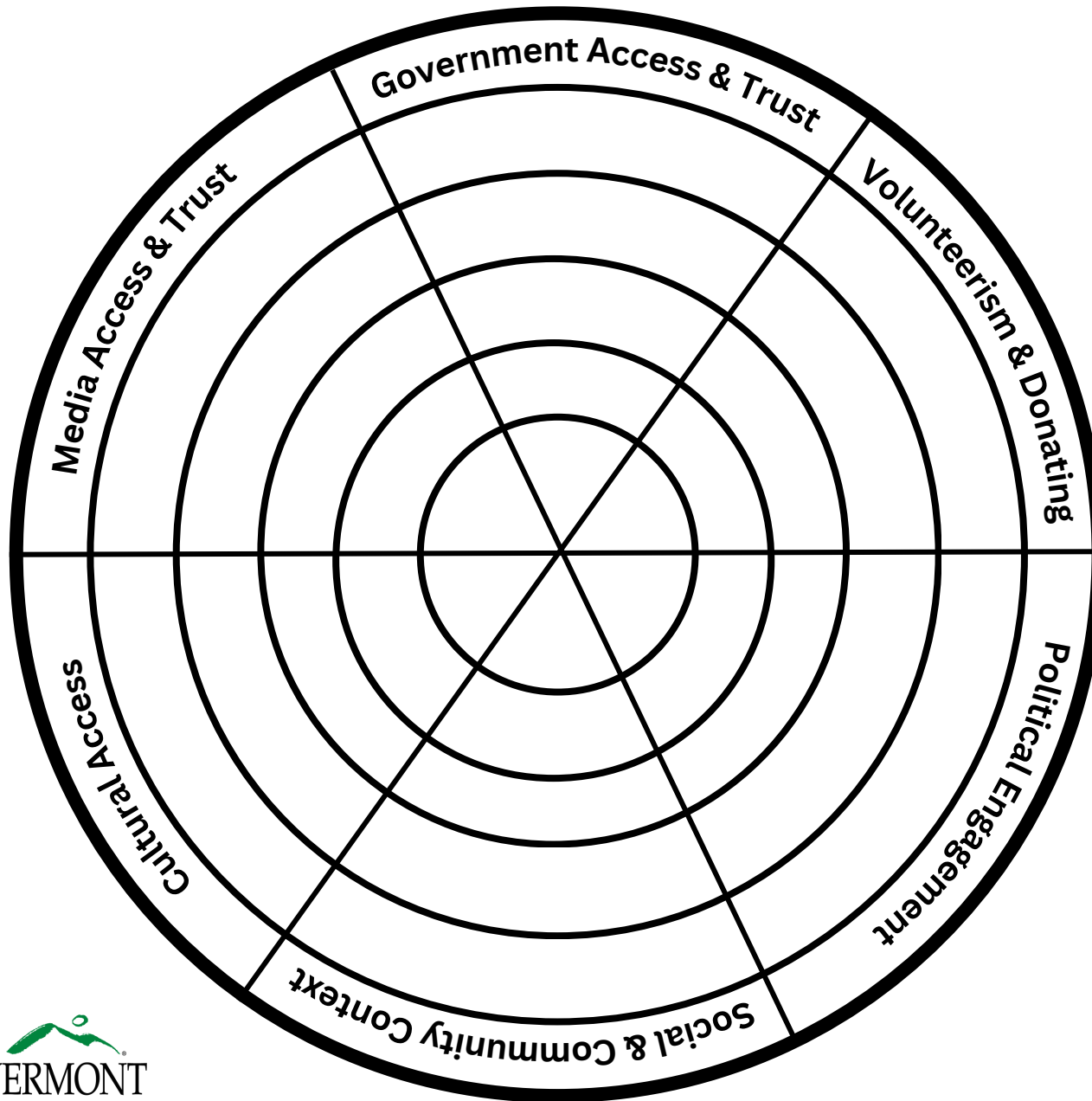
- Do you feel confident in your ability to seek out reliable news sources?
- Do you try to find out whether information you see on social media is trustworthy?

☐

## **Government Trust & Access**

- Do you feel that your voice matters?
- Do you feel confident to reach out to a local leader such as a teacher, principal, or elected official about an issue you care about?

# MY SCHOOL CIVIC HEALTH INDEX



**Our Biggest Strength:**

**A Domain We Want to Improve:**

**One Step We Can Take This Month:**

**What support do we need to reach our goal?**

# MY SCHOOL CIVIC HEALTH INDEX

*Read the questions below and rank yourself from 1-5 on each of the six domains of Civic Health:*

1- Never

2 - Rarely

3- Sometimes

4 - Most of the Time

5 - Always

☐

## **Volunteerism & Donating:**

- Does your school provide opportunities for students to get involved in community service?
- Are opportunities to volunteer accessible to all students?

☐

## **Political Engagement:**

- Are students given the opportunity to participate in school decision-making?
- Does your school provide classes that help prepare you for participating in civic life as an adult?

☐

## **Community & Social Context:**

- Does your school create a welcoming and inclusive environment for all students?
- Are there programs or clubs in place that encourage relationship-building among students?

☐

## **Cultural Access:**

- Does your school offer diverse options when it comes to cultural activities, clubs, and events?
- Are creative opportunities like chorus, orchestra, band, or school plays accessible to all students?

☐

## **Media Trust & Access**

- Does your school teach media literacy skills to help students evaluate news and information critically?
- Does your school library provide access to trustworthy sources of information?

☐

## **Government Trust & Access**

- Does your school provide ways for students to express concerns or suggest changes?
- Are school leaders responsive to student feedback?